

# CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Kindt Maarten

Coaches: Kindt Joachim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 20: 50M BACKSTROKE MEN 15+  |           | Heat:4, starttime: 09:30                              |
|-------------------------------------------|-----------|-------------------------------------------------------|
| Heat: 4/13 Lane : 1 Athlete: CATRY GAETAN |           | Q-time: 00:30:34                                      |
| PB (50m pool): 00:30.34 Aalst 26/04/2026  |           | PB (25m pool): 00:31.17 SB: 00:30.34 Aalst 26/04/2026 |
|                                           | 5 0 M     |                                                       |
| PB                                        | 00:30.34  |                                                       |
|                                           | 00:30.34  |                                                       |
|                                           | . . . . . |                                                       |

Coach feedback:

| Event number: 20: 50M BACKSTROKE MEN 15+    |           | Heat:4, starttime: 09:30                              |
|---------------------------------------------|-----------|-------------------------------------------------------|
| Heat: 4/13 Lane : 8 Athlete: WOJCIULA TYMON |           | Q-time: 00:30:46                                      |
| PB (50m pool): 00:30.46 Aalst 26/04/2026    |           | PB (25m pool): 00:30.42 SB: 00:30.46 Aalst 26/04/2026 |
|                                             | 5 0 M     |                                                       |
| PB                                          | 00:30.46  |                                                       |
|                                             | 00:30.46  |                                                       |
|                                             | . . . . . |                                                       |

Coach feedback:

| Event number: 24: 100M FREESTYLE MEN 15+     |           | Heat:6, starttime: 11:02                                  |
|----------------------------------------------|-----------|-----------------------------------------------------------|
| Heat: 6/22 Lane : 2 Athlete: WOJCIULA TYMON  |           | Q-time: 00:57:97                                          |
| PB (50m pool): 00:57.97 Antwerpen 15/03/2026 |           | PB (25m pool): 00:56.94 SB: 00:57.97 Antwerpen 15/03/2026 |
|                                              | 5 0 M     | 1 0 0 M                                                   |
| PB                                           | 00:27.62  | 00:57.97                                                  |
|                                              | 00:27.62  | 00:30.35                                                  |
|                                              | . . . . . | . . . . .                                                 |

Coach feedback:

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| Event number: 24: 100M FREESTYLE MEN 15+     |           |           | Heat:11, starttime: 11:10                                 |
|----------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 11/22 Lane : 7 Athlete: CATRY GAETAN   |           |           | Q-time: 00:56:87                                          |
| PB (50m pool): 00:56.87 Antwerpen 15/03/2026 |           |           | PB (25m pool): 00:56.40 SB: 00:56.87 Antwerpen 15/03/2026 |
|                                              | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                           | 00:27.27  | 00:56.87  |                                                           |
|                                              | 00:27.27  | 00:29.60  |                                                           |
|                                              | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 24: 100M FREESTYLE MEN 15+   |           |           | Heat:16, starttime: 11:17                             |
|--------------------------------------------|-----------|-----------|-------------------------------------------------------|
| Heat: 16/22 Lane : 5 Athlete: CAUDRON XIBE |           |           | Q-time: 00:55:39                                      |
| PB (50m pool): 00:55.39 Aalst 26/04/2026   |           |           | PB (25m pool): 00:54.90 SB: 00:55.39 Aalst 26/04/2026 |
|                                            | 5 0 M     | 1 0 0 M   |                                                       |
| PB                                         | 00:26.22  | 00:55.39  |                                                       |
|                                            | 00:26.22  | 00:29.17  |                                                       |
|                                            | . . . . . | . . . . . |                                                       |

Coach feedback:

| Event number: 25: 100M BREASTSTROKE WOMEN 15+ |           |           | Heat:2, starttime: 11:29                                  |
|-----------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 2/11 Lane : 7 Athlete: BULLEN LOTTE     |           |           | Q-time: 01:23:46                                          |
| PB (50m pool): 01:23.46 Antwerpen 15/03/2026  |           |           | PB (25m pool): 01:21.98 SB: 01:23.46 Antwerpen 15/03/2026 |
|                                               | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                            | 00:39.14  | 01:23.46  |                                                           |
|                                               | 00:39.14  | 00:44.32  |                                                           |
|                                               | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 25: 100M BREASTSTROKE WOMEN 15+            |           |           | Heat:3, starttime: 11:31                                  |
|----------------------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 3/11 Lane : 4 Athlete: RUYSSINCK DIEDE             |           |           | Q-time: 01:22:30                                          |
| PB (50m pool): 01:22.30 Lago Gent Rozebroeken 04/05/2025 |           |           | PB (25m pool): 01:19.20 SB: 01:23.04 Antwerpen 08/03/2026 |
|                                                          | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                                       | 00:38.72  | 01:22.30  |                                                           |
|                                                          | 00:38.72  | 00:43.58  |                                                           |
|                                                          | . . . . . | . . . . . |                                                           |

Coach feedback:

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| Event number: 26: 50M BREASTSTROKE MEN 15+ |           |  |  | Heat:2, starttime: 11:49                              |  |
|--------------------------------------------|-----------|--|--|-------------------------------------------------------|--|
| Heat: 2/12 Lane : 8 Athlete: WALTNIEL NAND |           |  |  | Q-time: 00:34:17                                      |  |
| PB (50m pool): 00:34.17 Aalst 27/06/2026   |           |  |  | PB (25m pool): 00:33.49 SB: 00:34.17 Aalst 27/06/2026 |  |
|                                            | 5 0 M     |  |  |                                                       |  |
| PB                                         | 00:34.17  |  |  |                                                       |  |
|                                            | 00:34.17  |  |  |                                                       |  |
|                                            | . . . . . |  |  |                                                       |  |

Coach feedback:

| Event number: 26: 50M BREASTSTROKE MEN 15+    |           |  |  | Heat:3, starttime: 11:50                              |  |
|-----------------------------------------------|-----------|--|--|-------------------------------------------------------|--|
| Heat: 3/12 Lane : 2 Athlete: DEKYVERE MATHIAS |           |  |  | Q-time: 00:33:34                                      |  |
| PB (50m pool): 00:33.34 Aalst 26/04/2026      |           |  |  | PB (25m pool): 00:32.88 SB: 00:33.34 Aalst 26/04/2026 |  |
|                                               | 5 0 M     |  |  |                                                       |  |
| PB                                            | 00:33.34  |  |  |                                                       |  |
|                                               | 00:33.34  |  |  |                                                       |  |
|                                               | . . . . . |  |  |                                                       |  |

Coach feedback:

| Event number: 26: 50M BREASTSTROKE MEN 15+   |           |  |  | Heat:5, starttime: 11:52                                  |  |
|----------------------------------------------|-----------|--|--|-----------------------------------------------------------|--|
| Heat: 5/12 Lane : 3 Athlete: CATRY GAETAN    |           |  |  | Q-time: 00:32:56                                          |  |
| PB (50m pool): 00:32.56 Antwerpen 15/03/2026 |           |  |  | PB (25m pool): 00:32.78 SB: 00:32.56 Antwerpen 15/03/2026 |  |
|                                              | 5 0 M     |  |  |                                                           |  |
| PB                                           | 00:32.56  |  |  |                                                           |  |
|                                              | 00:32.56  |  |  |                                                           |  |
|                                              | . . . . . |  |  |                                                           |  |

Coach feedback:

| Event number: 27: 50M BUTTERFLY WOMEN 15+    |           |  |  | Heat:2, starttime: 12:02                                  |  |
|----------------------------------------------|-----------|--|--|-----------------------------------------------------------|--|
| Heat: 2/17 Lane : 3 Athlete: BULLEN LOTTE    |           |  |  | Q-time: 00:32:29                                          |  |
| PB (50m pool): 00:32.29 Antwerpen 15/03/2026 |           |  |  | PB (25m pool): 00:32.97 SB: 00:32.29 Antwerpen 15/03/2026 |  |
|                                              | 5 0 M     |  |  |                                                           |  |
| PB                                           | 00:32.29  |  |  |                                                           |  |
|                                              | 00:32.29  |  |  |                                                           |  |
|                                              | . . . . . |  |  |                                                           |  |

Coach feedback:

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|                                            |           |           |           |                                                       |  |
|--------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------|--|
| Event number: 28: 200M MEDLEY MEN 15+      |           |           |           | Heat:14, starttime: 12:57                             |  |
| Heat: 14/19 Lane : 3 Athlete: CAUDRON XIBE |           |           |           | Q-time: 02:20:23                                      |  |
| PB (50m pool): 02:20.23 Aalst 27/06/2026   |           |           |           | PB (25m pool): 02:20.22 SB: 02:20.23 Aalst 27/06/2026 |  |
|                                            | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M                                               |  |
| PB                                         | 00:28.92  | 01:04.91  | 01:47.51  | 02:20.23                                              |  |
|                                            | 00:28.92  | 00:35.99  | 00:42.60  | 00:32.72                                              |  |
|                                            | . . . . . | . . . . . | . . . . . | . . . . .                                             |  |

Coach feedback: